

FREE



Canberra Guide



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T&Cs apply.

VisitCanberra wish to acknowledge the Traditional Custodians of the ACT, the Ngunnawal People. We wish to acknowledge and respect their continuing culture and contribution they make to the life of this city and this region.

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Illustrations by Juliette Dudley.



**STAY SAFE WITH THE CHECK IN CBR APP**

While you are visiting Canberra, we want you to enjoy everything that the region has to offer. However, please remember travel advice can change rapidly if COVID-19 cases appear. Always check the latest travel advice, register in advance for experiences, use Check in CBR, and enjoy your trip.

[covid19.act.gov.au](https://covid19.act.gov.au)

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*Explore Pod Playground at the Arboretum.*



*Discover PlayUp at the Museum of Australian Democracy at Old Parliament House.*



# Best outdoor fun



From flying a kite on an idyllic hill at the Arboretum to zooming down an alpine slide at Corin Forest, Canberra's outdoor experiences guarantee **more than** the sound of exhilarating laughter.

*The Pod Playground is a must.*



## CYCLE THE LAKE BURLEY GRIFFIN BIKE LOOP

### LAKE BURLEY GRIFFIN

You can hire a bike from the Canberra and Region Visitors Centre at Regatta Point. It comes with a map of Lake Burley Griffin's loop rides, helmet and bike lock. Stop off at attractions around the lake or at a café to refuel.

[visitcanberra.com.au](http://visitcanberra.com.au)

## SLIDE AND SKI AT CORIN FOREST

### PADDY'S RIVER

In winter try skiing or enjoy snow play, with snow machines in action during the cooler months. It's perfect for first time snow-goers – with ski gear and clothing hire available. All year round enjoy the 1.2km metal alpine slide through the majestic Mountain Ash forest plus a café and picnic areas.

[corin.com.au](http://corin.com.au)

## EXPLORE LIFE IN MINIATURE AT COCKINGTON GREEN GARDENS

### NICHOLLS

Ride the little (kid-sized) steam train around immaculately kept gardens at this miniature village in Gold Creek, one of Canberra's longest family run attractions. Spot the streaker on the cricket pitch and view intricate models of buildings from around the world.

[cockingtongreen.com.au](http://cockingtongreen.com.au)



Toboggam at Corin Forest.

## CLIMB THROUGH ACORNS AT POD PLAYGROUND

### WESTON

This stunning nature themed playground at the National Arboretum Canberra is a local favourite with kids. Nets connect large wooden acorn and banksia seed pods while music-making instruments also stimulate young minds. There's a nearby café inside the Village Centre.

[nationalarboretum.act.gov.au](http://nationalarboretum.act.gov.au)

## AUSTRALIAN NATIONAL BOTANIC GARDENS

### ACTON

Home to the world's most comprehensive display of living native Australian plants, the Gardens are not far from the city centre. Pick up a map or follow the signs for the various walks through its diverse gardens. Stop by Pollen Cafe or book into Jindii Eco Spa.

[parksaustralia.gov.au/botanic-gardens](http://parksaustralia.gov.au/botanic-gardens)

## RIDE A MINI TRAIN AND PLAY MINI GOLF AT YARRALUMLA PLAYSTATION

### YARRALUMLA

Young children will love the miniature train ride and tiny farm while older ones will be kept occupied playing a round of mini golf on a Canberra-themed course – a place where putting on a replica Parliament House is encouraged.

[yarraps.com.au](http://yarraps.com.au)

With parks and  
playgrounds across  
Canberra you're never  
far away from fun.

# Best indoor fun

Choose between magical experiences, bouldering and racing action – perfect to do year-round.



*Ski at Vertical Indoor Snow Sports.*





Feel the magic at Quizic Alley.



Mums and dads  
will also love  
these activities.

## DECIDING WHAT TO DO IS HALF THE FUN AT KING PIN

### CANNBERRA CITY

It's the ultimate kids' entertainment spot located inside the Canberra Centre. It features a bowling alley, spin table tennis, escape rooms, arcade games, karaoke, pool tables and more. A comprehensive dining menu is available with wine and cocktails for the adults.

[kingpinplay.com](http://kingpinplay.com)

## HIT THE SLOPES ALL YEAR ROUND AT VERTIKAL INDOOR SNOW SPORTS

### FYSHWICK

Perfect for first-time skiers or snowboarders or those wanting to improve their ski fitness. This indoor centre, tucked into the hip Dairy Road precinct, offers a great year-round experience as well as apres-ski delights like hot chocolate and wood-fired pizza.

[vertikalsnowsports.com](http://vertikalsnowsports.com)

## GO-KARTS, MINI GOLF AND SKATING IN ONE VENUE

### GRIFFITH

Race your friends in electric motorised go-karts on an F1 style circuit, then play an 18-hole round of glow-in-the-dark mini golf. If you've still got energy to burn, there's a 30m x 13m synthetic ice-skating rink – Australia's first.

[powerkarts.com.au](http://powerkarts.com.au)

## HARRY POTTER FANS GO MAD FOR QUIZZIC ALLEY

### FYSHWICK

Wizardry and magic is guaranteed at this Harry Potter themed shop, the first of its kind in Australia. Stock up on merchandise and time your visit for an event such as potion making at the Academy of Sorcery.

[quizzicalley.com](http://quizzicalley.com)

## INSPIRE YOUR BUDDING SCIENTIST AT QUESTACON

### PARKES

Watch enthralling live science demonstrations and visit all five of this science centre's galleries where you can feel the force of an earthquake, watch lightning strike twice, see a hive with 10,000 bees and learn about life on Mars while gazing up at a 7m replica Mars globe.

[questacon.edu.au](http://questacon.edu.au)

## CLIMB UP THE WALLS AT BLOCHAUS

### FYSHWICK

This Fyshwick bouldering centre is perfect for kids to get a taste of rock climbing but as the walls are shorter and the mats below padded, there's no need for ropes, partners or gear. There's an area designed specifically for families and a coffee and treat recharge station!

[cbr.blochaus.com.au](http://cbr.blochaus.com.au)

# Top for teens

For the age when it's difficult to please, we guarantee you'll gain **more than** a few brownie points with these activities.



## FUN ON TWO WHEELS: SCOOT OR SEGWAY

### PARKES

Join a guided segway tour with Seg Glide Ride on the southside of Lake Burley Griffin and complete a lap of the lake. Teens over 16 can hire a Beam or Neuron scooter in the city while those aged 12 plus must be accompanied by a parent or legal guardian.

[segglideride.com.au](http://segglideride.com.au)

[ridebeam.com](http://ridebeam.com) [rideneuron.com](http://rideneuron.com)

## CATCH CLASSIC CINEMA AT ARC CINEMA

### ACTON

Retro, classic and significant Australian and international films are screened at the National Film and Sound Archive's ARC Cinema, housed in the former Australian Institute of Anatomy building which many say is haunted. If you get a chance, book a ghost tour.

[nfsa.gov.au](http://nfsa.gov.au)

## EVENTS THAT ARE ALL ABOUT THE 'GRAM

### PARKES

Autumn's Enlighten Festival and spring's Floriade NightFest provide Insta-worthy photo opportunities. Enlighten Festival's stunning illuminations on buildings and outdoor art installations along with fun food options are the perfect backdrop for family photos.

[events.canberra.com.au](http://events.canberra.com.au)





*Ride a segway  
or pose for a pic  
at NightFest.*

## KEEP YOUR COOL AT CANNBERRA AQUA PARK

### ACTON

This large inflatable obstacle course with a jumping pillow offers challenging exercise and fun for teens at Black Mountain Peninsula each summer. Life jackets are supplied, and lifeguards keep an eye on those in the 50-minute sessions.

[cannberraaquapark.com](http://cannberraaquapark.com)

## FOODIE SPOTS POPULAR WITH TEENS

### VARIOUS LOCATIONS

Grab a burger or a signature loaded milkshake from Milky Lane. Share a Detroit style pizza at Grease Monkey and a gelato at Gelato Messina. Go healthy at Local Press or splurge on a spectacular looking dessert at Space Kitchen. Patissez is the spot for tasty loaded tacos.

## SHOP FROM BRANDS AT THE CANNBERRA OUTLET CENTRE

### FYSHWICK

If it's a bargain you're looking for, designer brands at outlet prices can be found in Fyshwick at Canberra's sole outlet centre. Stores include Adidas, Calvin Klein, T.K Maxx, Nike, Cotton On, Ally, Tommy Hilfiger and more.

[cannberraoutletcentre.com.au](http://cannberraoutletcentre.com.au)

# Toddler friendly



## **NATIONAL ZOO & AQUARIUM**

### **WESTON**

If spotting exotic animals both big and small is not enough to excite your little ones, the Zoo has an impressive Adventureland Playground featuring 55 activities and fibreglass animal sculptures of varying sizes to capture memories of your visit.

[nationalzoo.com.au](http://nationalzoo.com.au)

## **COCKINGTON GREEN GARDENS**

### **NICHOLLS**

Your little person will seem like a giant amongst the handcrafted miniature displays. Ride the mini steam train for a great view of the gardens and see the 34-room Waverley Doll House.

[cockingtongreen.com.au](http://cockingtongreen.com.au)

## **CANBERRA REPTILE ZOO NICHOLLS**

Touch a python or bearded dragon at this Gold Creek Village reptile zoo that has more than 50 different species of reptiles and frogs on display. You'll see everything from cute reptiles like turtles and the Thick Tailed Gecko, to some of the world's deadliest snakes like the Eastern Brown.

[reptilesinc.com.au](http://reptilesinc.com.au)

## **AUSTRALIAN NATIONAL BOTANIC GARDENS**

### **ACTON**

Wander the gardens, spot water dragons sunning themselves and picnic on the green grass near Pollen Café. Pick up a Who Did That? Children's Trail activity pack from the Visitor Centre and start exploring this 30-minute walk.

[parksaustralia.gov.au/botanic-gardens](http://parksaustralia.gov.au/botanic-gardens)

## **WALK IN BIRD AVIARY NICHOLLS**

Canberra's bird aviary is set across 1,000 square metres and houses 500 birds representing more than 60 different species from Australia and around the world. On entry, you'll receive some food to feed the birds. Don't be surprised if some land on you!

[canberrawalkinaviary.com.au](http://canberrawalkinaviary.com.au)

## **INDOOR PLAY CENTRES VARIOUS**

If you're looking to burn some energy off, Canberra has an abundance of indoor play centres across the capital. They include Kidzplore Indoor Play Centre (Fyshwick), Lollipops Playland (Majura Park), Funland Canberra (Mitchell), Let's Play Indoor Playground (Gold Creek) and Little Sandpiper (Belconnen).

Meet a rhino up close at the Zoo.

Tame your toddler with **more than** an educational walk through a zoo, miniature train rides and a chirpy visit to a bird aviary.

Explore the  
Botanic Gardens.



# Cool for school age

Your kids will leave Canberra filled with **more than** what their school textbooks would have told them after a visit to Canberra's iconic attractions.



*Questacon is a highlight of any trip to Canberra.*



Place a poppy on the Roll of Honour.

There are attractions and museums for every interest in Canberra.

### QUESTACON – WHERE SCIENCE IS FUN

#### PARKES

Science really is fun at this interactive centre featuring the Excited Particles theatre troupe. Different galleries tackle science concepts in an engaging way – one that will be a highlight of their capital visit.

[questacon.edu.au](http://questacon.edu.au)

### WATCH COINS BEING MADE AT THE ROYAL AUSTRALIAN MINT

#### DEAKIN

Gaze into the Mint's factory floor to see Titan, the Mint's robot, dancing when it's not doing its work on the factory floor. Join a tour and learn about the process of making Australia's coins and see rare and significant coins on display.

[ramint.gov.au](http://ramint.gov.au)

### DIGEST DINO FACTS AT THE NATIONAL DINOSAUR MUSEUM

#### NICHOLLS

Roam through the interactive dinosaur museum and grab a snap with Sam the T-Rex. Check out the 23 dinosaur skeletons and 300 fossils and make sure to join a Junior Paleo tour. Torchlit tours are held Friday nights during school holidays.

[nationaldinosaurmuseum.com.au](http://nationaldinosaurmuseum.com.au)

### BE MOVED AT THE AUSTRALIAN WAR MEMORIAL

#### CAMPBELL

No visit to Canberra is complete without a visit to this moving memorial which documents Australia's involvement in wars and peacekeeping efforts and commemorates the lives lost. The Last Post ceremony before closing is a must.

[awm.gov.au](http://awm.gov.au)

### SEE A SNAPSHOT OF OUR NATION AT THE NATIONAL MUSEUM OF AUSTRALIA

#### ACTON

Home to more than 210,000 objects representing Australia's history and cultural heritage, this museum is a treasure trove for the nation. Take a tour or explore the galleries and exhibitions.

[nma.gov.au](http://nma.gov.au)

### PLAYUP AT THE MUSEUM OF AUSTRALIAN DEMOCRACY

#### PARKES

Time-warp back prior to the mid-1980s to see how pollies worked in this art-deco heritage building. Now a Museum telling Australia's story of democracy, it provides engaging galleries including the popular PlayUP interactive family space.

[moadoph.gov.au](http://moadoph.gov.au)

# Feeding the troops

From frozen custard to Detroit pizza and loaded tacos, these very special treats and uniquely Canberra food experiences will have you wanting to return for **more than** one treat.

## GELATO MESSINA

### BRADDON

Queues have been known to stretch down the street for a gelato at this popular spot. Promising outstanding flavour combinations and a gourmet approach to the humble two scoops on a cone, it's always a fun end to a meal.

[gelatomessina.com/stores/braddon](http://gelatomessina.com/stores/braddon)

## A BRODBURGER WORTH WAITING FOR

### FYSHWICK, KINGSTON, PHILLIP

The menu has something for everyone from the very Canberran 'Capital' to the 'Oh My Vegan (OMV)' and baby versions. Order online to avoid the wait.

[brodburger.com.au](http://brodburger.com.au)

## QUIRKY LOOKING DESSERTS AT SPACE KITCHEN

### WODEN

Sugar fiends will love the over the top, colourful desserts in this unassuming café set among business offices. Some look just too amazing to eat. But eat it, you will.

[space-kitchen.com.au](http://space-kitchen.com.au)

## PIZZA AND BURGERS AT GREASE MONKEY

### BRADDON, GUNGAHLIN PHILLIP

Mouth-watering burgers, fried chicken, fries and milkshakes are staples of this Braddon original. Their Detroit style pizzas (Braddon and Gungahlin only) named after car brands are next level and loved by young and old.

[greasys.com.au](http://greasys.com.au)

## GOODBERRY'S FROZEN CUSTARD

### BELCONNEN, ERINDALE

Most evenings you can spot this purveyor of frozen custard that's smoother and creamier than ice cream due to the hordes of teenagers ordering their favourite 'concrete' flavour mix. It's that good.

[goodberrys.com.au](http://goodberrys.com.au)

## PATISSEZ TIJUANA TACOS

### KINGSTON

Patissez's tacos have toppled their famous Freakshakes. The crispy Tijuana tacos loaded with everything from garlic and chilli grilled prawns to pulled pork shoulder and crispy chicken tenderloins warrant a visit for both their flavour and picture-perfect presentation.

[patissez.com](http://patissez.com)







*@hungnamwithsophie loves the Tiguana tacos*



*Feast at Space Kitchen.*



Feeding the family is easy,  
tasty and 'gram worthy.

# discover **more than** a visitors centre



Chat to a friendly local and browse the  
range of Canberra region produce.



**CANBERRA AND REGION  
VISITORS CENTRE**

LOCAL MERCHANDISE • TOURS AND TICKETS • ACCOMMODATION DEALS

Regatta Point, Barrine Drive, Parkes, ACT 2600

• 1300 554 114 • [visitcanberra.com.au](http://visitcanberra.com.au)

• Open 9am-5pm weekdays • Open 9am-4pm weekends  
& public holidays • Closed Christmas Day.